

2022 TENNESSEE NATIONAL - TECH GUIDE

March 9-13, Windrock Bike Park, Oliver Springs TN

www.tnnational.com / Questions rachel@southerngravityparks.com

SCHEDULE

Monday - Thursday / Enduro Race Tracks Closed

Monday - Wednesday / Windrock Bike Park / Open - Limited Trail Access

Monday - Sunday / Windrock XC Trails / Open - Permits at Windrock General Store

Thursday - Sunday / Windrock Bike Park / Closed - Lifts During Scheduled Times Only

DOWNHILL RACE - GROUP

A - UCI Elite Men, UCI Elite Women, UCI Cat 1 Men 17-18, UCI Cat 1 Women 17-18, Semi Pro Men, Single Crown Men

B - Cat 1 Men, Cat 1 Women

C - Cat 2/3 Men, Cat 2/3 Women, Single Crown Women

*Start Order to be Based of Individuals UCI Ranking, Followed by USAC Rankings

WEDNESDAY

10:00 - 5:00 / Registration Open

10:00 - 5:00 / Downhill Track Walk

10:00 - 5:00 / Windrock Bike Park / Open - Limited Trail Access, Passes Sold at Windrock General Store

10:00 - 5:00 / Windrock XC Trails / Open - Permits at Windrock General Store

THURSDAY

8:00 - 9:00 / Group A & B / Registration Center Open

9:00 - 5:00 / Group C / Registration Center Open

9:00 - 12:00 / Group A / Practice

12:00 - 3:00 / Group B / Practice

3:00 - 6:00 / Group C / Practice

3:00 - 5:00 / Enduro / Registration Center Open

FRIDAY

8:00 - 5:00 / Enduro / Registration Center Open

8:00 - 10:00 / Group B / Practice

10:00 - 12:00 / Group A / Practice

12:00 - 2:00 / Group C / Practice

2:15 / Group A & B / Qualification Run

2:30 - 5:00 / Enduro / Practice - Uplift Access to Mid Shuttle Lot

5:00 - 6:30 / Freestyle Jam at The Red Bull Ravine

SATURDAY

8:00 / Downhill / Start Times Posted

8:30 - 12:00 / Enduro / Registration Center Open

8:00 - 9:30 / Group C / Practice

9:30 - 11:00 / Group B / Practice

11:00 - 12:30 / Group A / Practice

12:30 - 5:00 / Enduro / Practice - Uplift Access to Mid Shuttle Lot

1:00 / Downhill / Race Start

Downhill Awards

3:00 - 5:00 / Youth Downhill / Practice

SUNDAY

9:00 - 12:30 / Youth Downhill Race Practice

1:00 / Youth Downhill Race Start

Youth Downhill Awards

8:00 / Enduro Start / EWS Elite Men

8:30 / Enduro Start / EWS Elite Women, EWS U21 Men, EWS U21 Women

8:45 / Enduro Start / EWS Masters 35+ Men, EWS Masters 35+ Women

9:30 / Enduro Start / Sport Masters 35+ Men, Sport Masters 35+ Women, Sport U21 Men, Sport U21 Women

9:45 / Enduro Start / Sport Men Open, Sport Women Open, Sport Hardtail, E-Bike Men Open, E-Bike Women Open

4:00 / Enduro Race Cut Off Time

4:45 / Enduro Awards

SPECTATOR

All spectators must have a wristband to leave the parking lots and enter the venue. Purchases can be made at the registration center. Wristband cost: Thu: \$10, Fri: \$10, Sat: \$15, Sun: \$10, All four days: \$30 / \$15 youth 16 & under

Spectators are able to access the venue and ride the shuttle truck to access all race tracks. There is a trail for spectating next to the race tracks. Enduro trails are best accessed by walking Medic Access E1 or walking Medic Access E3. Waypoints for E1 and E3 are marked on medic maps maps.

TIMING & RESULTS

Timing in partnership with Zone4 Timing. Downhill racers will start at 30 second intervals and enduro racers will start at 1 minute intervals. Start lists will be posted at the registration center on the morning of qualification runs and racing.

Live results are available through the website. www.tnnational.com

DOWNHILL RULE BOOK

TRACKS

All categories will compete on the same track.

Red flags indicate a down rider. Please stop on track.

SHUTTLES

You can only be on the shuttle and on the track during your practice block. Windrock Bike Park trails are closed. Parts of trails are used for Medic Access so please continue down the track if you are having mechanical issues.

RE-RUNS

There will be no race re-runs if a racer catches you or if you catch someone. Please announce your approach loudly and get out of the way if you're about to be passed. Yield to the racer that is catching you.

If you are stopped on track by a red flag, you will be issued a re-run.

USAC & UCI

You must have an active license permitting you to race in the category you've registered for. No licenses will be sold onsite.

[UCI Rule Book](#)

[USAC Rule Book](#)

USADA (ANTI-DOPING)

Under UCI and USAC C2 designation, USADA reserves the right to anti-doping. UCI ruling below.

[UCI Anti-Doping](#)

UCI POINTS

C2 Elite Designation 1st / 30 2nd / 20 3rd / 15 4th / 12 5th / 10 6th / 8 7th / 6 8th / 4

PAYOUT & PRIZING

Elite Men and Elite Women

1st \$500 2nd \$300 3rd \$200 4th \$150 5th \$100 6th \$50 7th \$50 8th \$50

Prizing provided by Rock Shox & SRAM to all categories P1-P3

ENDURO RULE BOOK

TRACKS

Stages 1-4 are closed Monday, March 7 - Thursday, March 11

Windrock XC Trails are open through the week. We have held Enduro races in the past on these trails. They are a great alternative. Land use permits are required Monday and Tuesday. Pick up your registration Wednesday and your venue wristband provides access to XC Trails.

Sport Categories will compete on stages 1-3

EWS Categories will compete on stages 1-4

SHUTTLES

Competitors must use the provided shuttle system and under the designated open practice schedule. After hours shuttles are not allowed. Pedaling on the Windrock Bike Park Shuttle Road is not permitted. Outside assistance on transfer stages is not permitted.

EQUIPMENT

Competitors are allowed to return to the venue during competition. Equipment changes are allowed during the race.

SAFETY

If you come across a down rider, check their condition. If they need help, stay with the rider and stop the next rider on track, one rider goes to the next marshal post to radio for a medic. Riders responding will be issued a re-run.

EWS

Riders need to have an active / valid EWS membership at the time of the race in order to be eligible to collect EWS Global Ranking points. Points are not assigned retroactively if riders purchase the membership after a qualifier race. EWS Memberships are valid for a calendar year. 2022 memberships are available [here](#).

[EWS Rule Book](#)

PAYOUT & PRIZING

EWS Elite Men and EWS Elite Women

1st \$500 2nd \$300 3rd \$200 4th \$150 5th \$100

Prizing provided by Rock Shox & SRAM to all categories P1-P3

EVENT TEAM

Production Director - Sean Leader / Event Coordinator - Rachel Kelleher / Event Director - Clay Harper

Volunteer & Staffing Director - Lisa Mueller / Medical Director - Glenn Jackson

Security Director - CE Gerrity / Timing Official - Alvero Castillo

Track Team - Jack Gress, Damon Sedivy, Jake Kahn, Morgan Barkley, Zach Mehuron, Titus Nichloson, Seth Stevens, Cooper Rodriguez